

Parhaat tulokset Naiset Sarja 63 Vuosi 2009

| Nimi | Pvm | Seura | Paino | Tempaus | Työntö | Yht. | Paikka | Synt. | Taso |
|-------------------|------------|----------|-------|---------|--------|--------------|--------------|-------|------|
| Harju Heidi | 27.6.2009 | KaVo | 62,97 | 84,0 | 98,0 | 182,0 | Pori | 1981 | kv |
| Everi Anna | 20.9.2009 | PuKa | 58,48 | 77,0 | 99,0 | 176,0 | Kalajoki | 1987 | SM |
| Puputti Jenni | 5.9.2009 | TP | 61,90 | 79,0 | 90,0 | 169,0 | Tampere | 1986 | LM |
| Nauha Minna | 5.9.2009 | KaJu | 58,35 | 63,0 | 80,0 | 143,0 | Kajaani | 1991 | LM |
| Mustasaari Eija | 6.6.2009 | RK | 61,70 | 60,0 | 80,0 | 140,0 | Kalajoki | 1978 | ks |
| Zakole Salma | 15.3.2009 | OP | 61,69 | 62,0 | 77,0 | 139,0 | Tampere | 1990 | SM |
| Määttä Saija | 15.3.2009 | OAK | 60,81 | 60,0 | 72,0 | 132,0 | Tampere | 1983 | SM |
| Palosaari Pirjo | 21.11.2009 | RK | 62,70 | 49,0 | 63,0 | 112,0 | Äänekoski | 1970 | ks |
| Koivusipilä Maria | 21.11.2009 | RK | 61,90 | 43,0 | 53,0 | 96,0 | Äänekoski | 1988 | ks |
| Dahlqvist Matilda | 3.12.2009 | Ston | 58,50 | 40,0 | 50,0 | 90,0 | Helsinki, jv | 1995 | jv |
| Poutanen Anu | 7.2.2009 | PuKa | 63,00 | 28,0 | 48,0 | 76,0 | Parkano | 1995 | SM |
| Kvist Helena | 26.12.2009 | aKu | 59,70 | 29,0 | 40,0 | 69,0 | Kuhmo | 1974 | pk |
| Penna Marja | 8.1.2009 | Herakles | 63,00 | 30,0 | 35,0 | 65,0 | Helsinki, jv | 1980 | jv |